

Sefton NEW VENUE

WE HAVE MOVED!!



ADDvanced Solutions
Community Network
Supporting you to find the answers

ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. No diagnosis or referral is needed to access ADDvanced Solutions Community Network Group - Just come along, free to attend.

Sefton Community Network Group

from Wednesday 8th January - has moved to

May Logan Healthy Living Centre
294 Knowsley Road, Bootle, L20 5DQ.



every Wednesday
in term time
12.30pm - 2.30pm
no need to book
just come along

The Community Network Group provides parents and carers of neurodivergent children and young people (with or without a diagnosis) with support and knowledge around neurodiversity in a open and friendly environment, covering a different topic each week as well as giving an opportunity to seek advice around any challenges you might be facing. see below & our newsletter for topics



scan QR code
or follow link to
download our
Sefton Newsletter

Wednesday 15th January
12:30pm - 2:30pm

Supporting Sleep Difficulties:

Strategies and advice for neurodivergent children and young people.

Wednesday 22nd January
12:30pm - 2:30pm

Supporting Adolescent Mental Health:

In partnership with Ahead of the Game

Wednesday 29th January
12:30pm - 2:30pm

An open session to come along and discuss any difficulties you may be experiencing with your child and explore strategies to support them.

Wednesday 5th February
12:30pm - 2:30pm

Behaviours that Challenge: Recognising underlying causes of behaviours that challenge and identifying strategies to support

find out more visit our website: www.addvancedsolutions.co.uk